

SIoux LOOKOUT MUNICIPAL CHILD CARE CENTRES

NORAH LOVE CHILDREN'S CENTRE
54 Princess Street
Sioux Lookout, Ontario P8T 1H4

BIIDAABAN CHILDREN'S CENTRE
Box 567, 41 Eighth Avenue
Sioux Lookout, Ontario P8T 1A8

SIoux MOUNTAIN CHILDREN'S CENTRE
Box 7, 89 First Avenue
Sioux Lookout, Ontario P8T 1A1

(807) 737-2131 (Business)
(807) 737-2798 (Fax)

(807) 737-4570 (Business)
(807) 737-4324 (Fax)

(807) 737-2055 (Business)
(807) 737-2961 (Fax)



SUMMER 2010



JUNE



JULY



AUGUST

REMINDERS.....



*Monday, August 2, 2010
Civic Holiday
(Day Care closed)*



*Friday, July 30st to Sunday, August 8th, 2010
Blueberry Festival*



*Monday, September 6, 2010
Labour Day
(Day Care closed)*

SHIUX LOOKOUT MUNICIPAL CHILD CARE CENTRES

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July 6, 2010

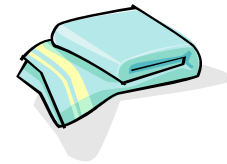
Dear Parents:

Summer has arrived and is in full swing at the Municipal Child Care Centres. We are all looking forward to the abundance of activities that this season makes possible. Educators at all Centres ensure that the curriculum is filled with outdoor/nature experiences, wet and wild activities, little day trips out and about in the community and of course, we will be including some fun activities around Blueberry Festival time.

For all these different activities, Educators will always ensure that the children are dressed and protected from the elements appropriately. With this we want to remind all parents to please send:



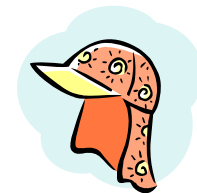
Swim wear



Towels



Sunglasses



Hats

As well, it would help if parents also sent a couple of changes of clothing along. Please label all of your child's items. This makes identification of who the owner is easier and speeds up the process of getting children ready and dressed. Thank you for helping in this matter. Also, we are asking if parents can return any Day Care clothing and hats that may have gone home. Clothing donations are always appreciated!

Summer 2010 Newsletter

Page 2



Summer time also brings with it the joy and danger of boating and swimming.

Information on boating and water safety is included in our Summer 2010 Newsletter.

Please note that Sioux Lookout Municipal Child Care Centres will be closed on Monday, August 2nd, 2010 for the Civic Holiday and Monday, September 6th, 2010 for the Labour Day long weekend.

As for news within the Centres we want to welcome Caroline Kanyo. She has recently moved here from Barry, Ontario and we are happy to have her be a part of the Municipal Child Care Team.

Please remember our “Open Door “ policy and that we, at all times, welcome parents and care givers to participate/visit here at Day Care.

Feel free to drop by and share you any concerns, questions or comments you might have.

Sincerely

Karin Laviolette
E. C. E. Resource Teacher

KL:cs

WATER SAFETY POINTERS



Stay within arms reach to your child



Never swim alone

ALONE AROUND WATER



Drowning danger. **NEVER LEAVE CHILDREN**



Remember to wear a life jacket



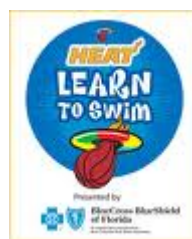
This is NOT a LIFE SAVING DEVICE.....



.....NEITHER IS THIS



.....or this



Teach your child how to swim

CANADIAN RED CROSS

Think Safety Before Swimming

Summer will soon be here, but before heading to the local pool, beach or river, the Red Cross encourages everyone to take a moment to think about water safety.

Toddlers and infants are a group at risk although there has been a significant improvement in the drownings in this age group in the 1990s. There was a 40% decrease in drownings of one to four year old toddlers and 80% in infants less than one year old. This dramatic change corresponds with extensive research-based revisions of Red Cross national swimming and water safety programs and education campaigns by many agencies across Canada.

There's still room for improvement, however. Toddlers drown mainly in swimming pools without self-closing and self-latching gates. If all home pools were equipped with this simple and inexpensive device, nearly all toddler pool drownings and about one-third of all toddler drownings could be eliminated.

Québec, with 24% of Canada's population of toddlers, had 49% of the toddler pool drownings during 1991-1999. One of the main reasons may be that there is a statistically higher number of home pools per capita in Québec.

To reduce the risk, the Red Cross recommends the following safety tips when diving and swimming:

Diving:

- Neck and back injuries are common after diving incidents and can result in permanent paralysis.
- One of the major causes of spinal injuries is drinking and diving. Young men are at greatest risk.
- The majority of backyard pools are NOT designed for diving.
- Never dive into above ground pools.
- Think before you dive.
- Ensure water depth is at least 10 feet deep. Remember the depth of lakes or oceans can change due to tides or seasons.
- Ensure water is deep enough for the entire path of the dive, and that no rocks or debris are in the way. The length of a typical dive depends on a variety of factors, such as height of dive and size of diver.

Swimming:

- Learn proper swimming and safety techniques by enrolling children in Canadian Red Cross water safety classes.
- Be aware of your limitations. Don't go beyond your ability.
- When swimming in the ocean, be aware of the tides and currents and keep an eye on the shifting weather patterns.
- Know the signs of hypothermia.
- Supervise children at all times.
- Fence backyard pools and ensure gates have self-locking latches.
- Communicate and post pool rules. Keep emergency equipment and first aid kits close at hand.

"Peer pressure, even at a very young age, can also significantly influence behaviour and encourage youth to act in unsafe ways," said Canadian Red Cross spokesperson John Mulvihill, Deputy Secretary General - Operations, of the Canadian Red Cross.

"Don't allow anyone to persuade you to do something you think might be dangerous. Trust your instincts as a parent and stay close to your children while they are in, on or around the water."

This Bobbie the Safety Boat Colouring & Activity Book

is made possible through charitable donations.

Your support is greatly appreciated!

1-800-665-4757

BOBBIE THE SAFETY BOAT

is generously sponsored by:



**SEARCH
AND
RESCUE**



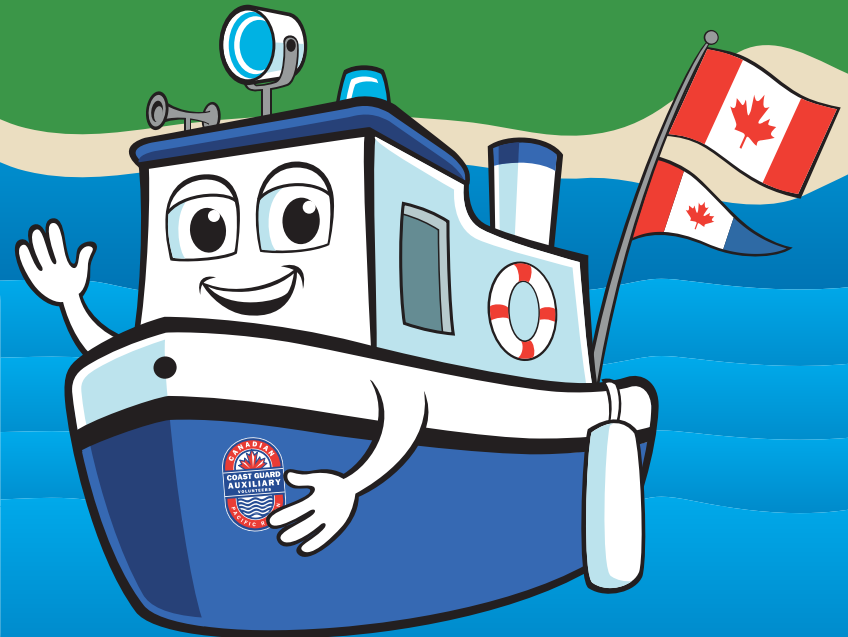
**RECHERCHE
ET
SAUVETAGE**



**Volunteers
Saving Lives
on the Water**

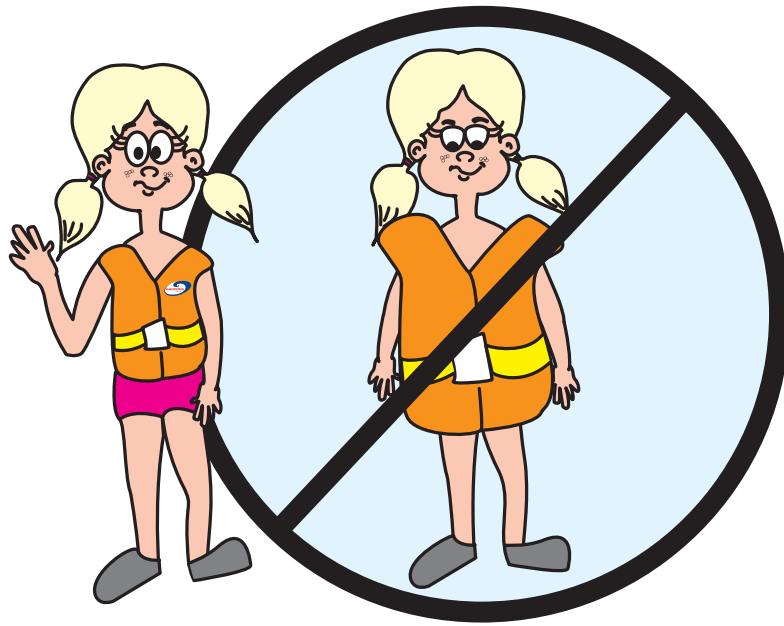
Canadian Coast Guard Auxiliary – Pacific Region
25 Huron Street
Victoria, BC V8V 4V9

Tel: (250) 480-2798
Fax: (250) 480-2742
Email: bobbie@ccga-p.ca
Website: www.ccga-p.ca
www.bobbie.ca



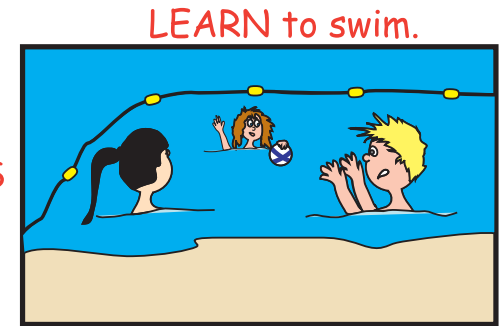
Bobbie's Boating Safety Rules

Always wear a **Personal Flotation Device (PFD)**.



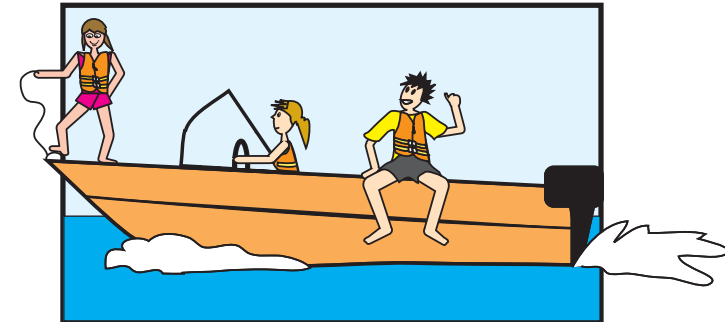
Make sure your **PFD** is the **RIGHT FIT** for you.
It will **help you float**.

Make sure an **adult ALWAYS** watches you.



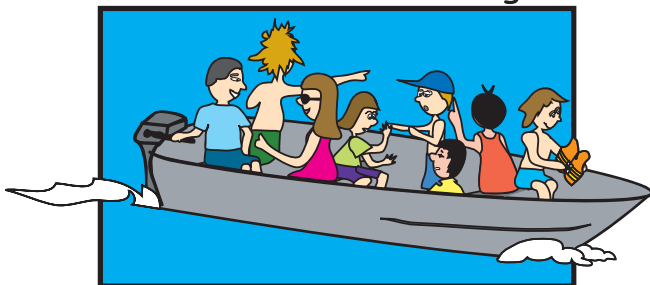
Swim with a **buddy!**

DON'T be a show-off.



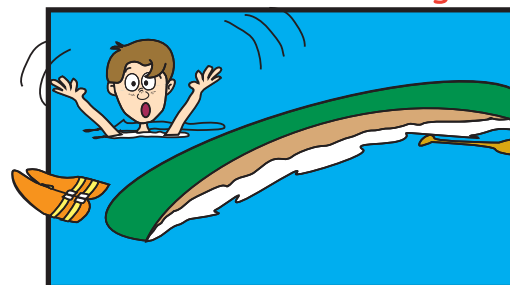
NEVER ride on the **bow** (front) of a boat.
It is **VERY** dangerous!

What should **EVERYONE** on the boat be wearing?



DON'T OVERLOAD the boat with too many people.

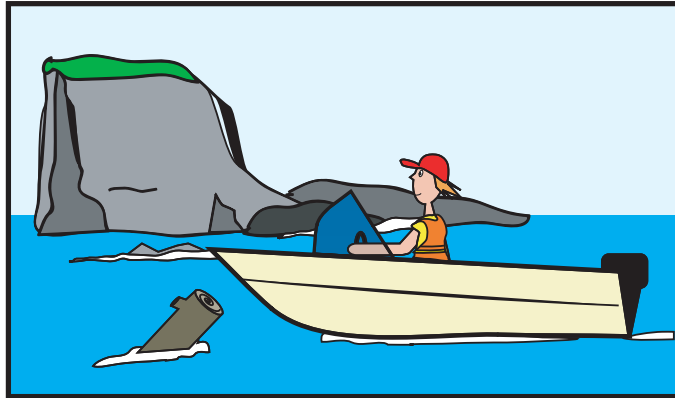
If the boat overturns, **stay with the boat and hang on!**



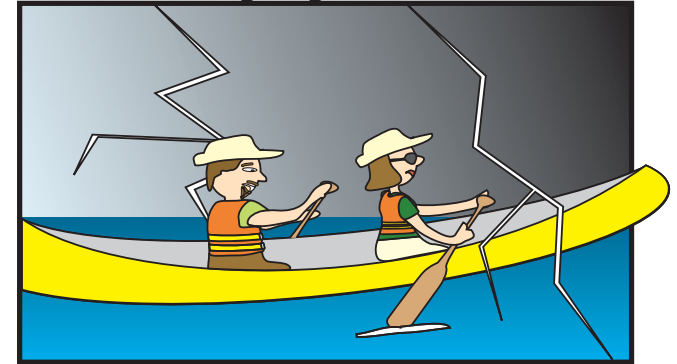
If someone falls in the water, **NEVER** jump in.

An **ADULT** can reach out with a **paddle** or a **floating line**.

Watch for **DANGERS**
in the water.

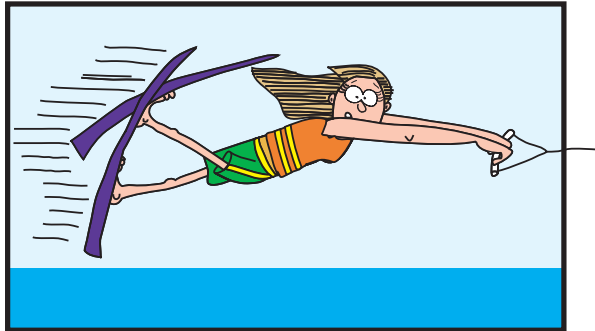


Check the weather
BEFORE going out in a boat.



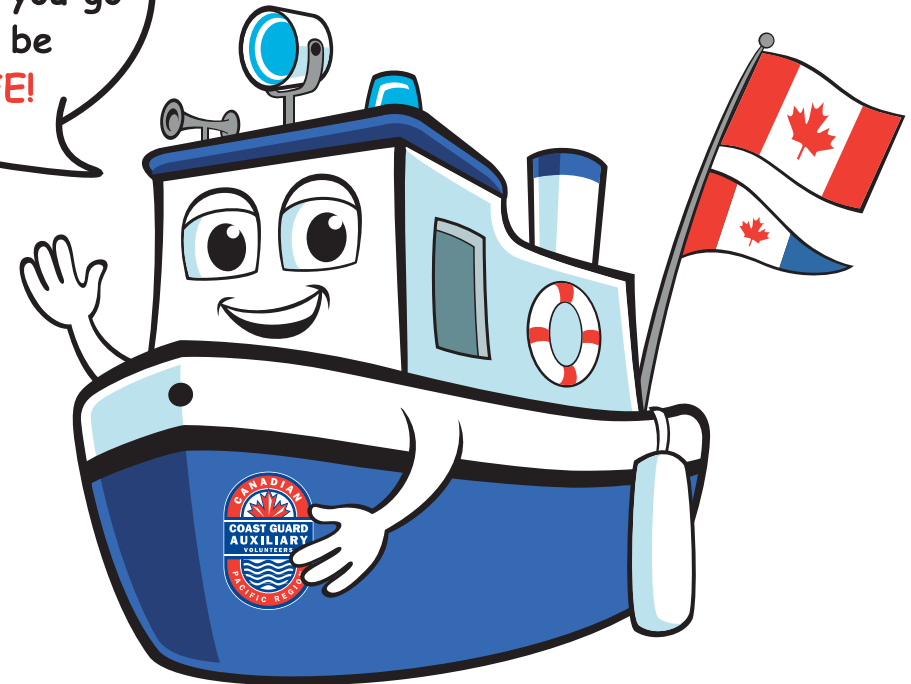
If a storm is coming,
go to shore.

When waterskiing wear a
Personal Flotation Device (PFD).



ALWAYS have a spotter.

Kids,
always make **SMART CHOICES** when you go boating and be **BOAT SAFE!**



Please Don't
LITTER

Visit me at www.bobbie.ca
to see my '**Spot the Dangers**' poster.

These are Bobbie's friends
Christy and Kelly. Bobbie is
going to help them pass on
their **Boating Safety** messages.

